



# Bairnsdale Aquatic and Recreation Centre

## TEMPORARY GROUP FITNESS TIMETABLE

ROOF WORKS GYM CLOSURE  
FEBRUARY 16 2026 to MARCH 13 2026

\*Please note the location of each class as they will be held between the **BARC** and the **WORLD Sporting Precinct (Wallace St)**

16 – 20 FEB	Monday	Tuesday	Wednesday	Thursday	Friday
6.15am	<b>STRENGTH</b> Lynne		<b>RUSH HOUR</b> Belinda		<b>RUSH HOUR</b> Belinda
8.00am		<b>STRENGTH</b> Lynne		<b>STRENGTH</b> Lynne	
9.15am		<b>STRENGTH</b> Lynne			
5:30pm	<b>ZUMBA</b> Nicole				

23 – 27 FEB	Monday	Tuesday	Wednesday	Thursday	Friday
6.15am	<b>STRENGTH</b> Lynne		<b>RUSH HOUR</b> Belinda		<b>RUSH HOUR</b> Belinda
8.00am		<b>STRENGTH</b> Lynne		<b>STRENGTH</b> Lynne	
9.15am		<b>STRENGTH</b> Lynne			
9:45am				<b>Express Bodyweight HIIT</b> Hannah	<b>Express Bodyweight HIIT</b> Hannah
10.30am				<b>STRETCH &amp; CORE</b> Hannah	<b>STRETCH &amp; CORE</b> Hannah
1:00pm			<b>ZUMBA GOLD</b> Nicole		
5:30pm	<b>ZUMBA</b> Nicole				

For more information phone (03) 5152 5710  
[www.barcleisure.com.au](http://www.barcleisure.com.au)





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FEBRUARY 16 2026 to MARCH 13 2026

2 – 6 MARCH	Monday	Tuesday	Wednesday	Thursday	Friday
6.15am	<b>STRENGTH</b> Lynne		<b>RUSH HOUR</b> Belinda		<b>RUSH HOUR</b> Belinda
8.00am		<b>STRENGTH</b> Lynne		<b>STRENGTH</b> Lynne	
9.15am		<b>STRENGTH</b> Lynne			
9:45am				<b>Express Bodyweight HIIT</b> Hannah	<b>Express Bodyweight HIIT</b> Hannah
10.30am				<b>STRETCH &amp; CORE</b> Hannah	<b>STRETCH &amp; CORE</b> Hannah
1:00pm			<b>ZUMBA GOLD</b> Nicole		
5:30pm	<b>ZUMBA</b> Nicole				

9 – 13 MARCH	Monday	Tuesday	Wednesday	Thursday	Friday
6.15am	<b>STRENGTH</b> Lynne		<b>RUSH HOUR</b> Belinda		<b>RUSH HOUR</b> Belinda
8.00am		<b>STRENGTH</b> Lynne		<b>STRENGTH</b> Lynne	
9.15am		<b>STRENGTH</b> Lynne			
9:45am				<b>Express Bodyweight HIIT</b> Hannah	<b>Express Bodyweight HIIT</b> Hannah
10.30am				<b>STRETCH &amp; CORE</b> Hannah	<b>STRETCH &amp; CORE</b> Hannah
5:30pm	<b>ZUMBA</b> Nicole				

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FEBRUARY 16 2026 to MARCH 13 2026

16 – 20 FEB	Monday	Tuesday	Wednesday	Thursday	Friday
8:15am				<b>AQUACISE</b> Jordan	
9.15am	<b>AQUACISE</b> Sheree	<b>AQUACISE</b> Jordan	<b>AQUACISE</b> Sheree	<b>AQUACISE</b> Jordan	
10.00am				<b>STRETCH &amp; FLEX</b> Jordan	
10.15am	<b>AQUACISE</b> Sheree	<b>AQUAFIT</b> Jordan			

23 FEB to 13 MARCH	Monday	Tuesday	Wednesday	Thursday	Friday
8:15am				<b>AQUACISE</b> Jordan	
9.15am	<b>AQUACISE</b> Sheree	<b>AQUACISE</b> Jordan		<b>AQUACISE</b> Jordan	<b>AQUACISE</b> Sheree
10.00am				<b>STRETCH &amp; FLEX</b> Jordan	
10.15am	<b>AQUACISE</b> Sheree	<b>AQUAFIT</b> Jordan			

\*Change of day

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